Amara Okonkwo

Principal Consultant, Healthcare Operations

01 PROFILE

Amara helps hospitals and health networks run more efficiently without reducing the quality of care. She works with clinicians and managers to fix patient flow, staffing and supply problems.

02 CORE EXPERTISE

- Hospital operations and patient flow
- Clinical workforce planning
- Medical supply chain
- Health program delivery

03 SELECTED ENGAGEMENTS

University hospital network

Healthcare

Program lead 2025 to 2026

Redesigned emergency department flow across 3 hospitals and 1,200 beds.

- Average waiting time down 38%
- Bed occupancy balanced across the three sites

National health insurer

Insurance

Workstream lead 2023 to 2024

Built the provider network performance model used to negotiate contracts with 400 clinics.

- Claims cost down 6% in the first year
- Contract renewals cut from 9 months to 4

Private clinic group

Healthcare

Advisor 2022

Planned staffing for 14 clinics and a new central pharmacy.

- Overtime cost down by 24%

04 EDUCATION

MSc, Health Systems Management Imperial College London, 2010

MBBS, Medicine and Surgery University of Lagos, 2006

AT A GLANCE

15
Years of experience

33
Engagements delivered

4
Industries served

3
Certifications

BASED IN
Lagos, Nigeria

AVAILABILITY
From January 2027

LANGUAGES
English, Igbo, French

DAY RATE
USD 1,300

CERTIFICATIONS
Lean Healthcare Black Belt

Project Management Professional (PMP)

Certified Healthcare Operations Manager